



Teacher

Miss D

Class

4

Date

01.05.20

### Welcome Comment

Good Morning Year 4! It's Friday already! Take a little time this morning to complete your 'I am proud of' section. Really reflect on the week and choose something you have done well.

Today's active task: This [yoga](#) activity will help you to stretch out after your super workouts this week.

### English Task

Use chapter 1 of 'Riddle of the Runes' to answer these VIPERS Questions:

R: What is the name of the main character?

R: What is the name of the tallest mountain in Kilsgard?

V: Find and copy a word or phrase from the first page of chapter 1 which tells you Alva's journey is dangerous.

V: What do you think is meant by the phrase, 'And why have you come to my home **with iron in your fists?**' on page 3.

I: Why do you think Magnus looked at Alva and said, 'All of you need to go back to sleep' on page 5?

### Maths Task

Today, I would like you to have a go at the activity, 'How long did it take?' You will need something to record your time, perhaps a phone or a clock.

Work through the activities [here](#) and record them in a table like the one on the sheet. Can you think of any more activities to add in which could be timed?

Once you have completed these, you will need to do them a second time to work out the difference between the times. Did you get quicker? By how much?

Maybe you could include other members of your family and work out the difference between your fastest time and theirs.

### Foundation Subject Task

Today, I would love you to play some Thrive activities with your family. It's so important to have a giggle and enjoy spending time together.

Activity 1: [Beetle](#)

Activity 2: Make a picture of all the things you are grateful for.

Activity 3: Create some [optical illusion](#) art.

You can choose all or just some of the activities. Enjoy!

### Any Further Guidance

I hope you enjoyed the activities today Year 4. Make sure you have a restful and safe weekend. If you do any activities like baking or gardening, I'd love to see them. Some of you have already been sending me photos and it looks like you're having a great time.

If you would like to do some research on the Vikings, you can find these books on Get Epic! [The Vikings](#), [Vikings: Fierce and Fearless Conquerors](#), [Everything Vikings](#).