Sutton Park Primary RSA Academy **Physical Education/ Games Overview 2019-20**

Key Stage One

	Autumn Term		Spring Term		Summer Term	
	1st half	2nd half	1st half	2nd half	1st half	2nd half
Subject Content. Key Stage 1 • master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities • participate in team games, developing simple tactics for attacking and defending • perform dances using simple movement patterns						
Year 1	Gymnastics	Dance	Dance (21st March dance festival)	Gymnastics	Athletics- track activities. Throwing events	Athletics- track activities. Throwing events
	Spatial awareness, rolling, aiming and throwing a ball	Sending and receiving a ball throwing and catching (partner work)	Fundamentals- sending, receiving and striking/ kicking a ball. **Intra- dance festival**	Fundamentals- bouncing and catching- small games and simple rules	Striking a ball (Control focus on using tennis rackets)	Multi-skill activities- team games and relays to consolidate all fundamental skills
Year 2	Gymnastics	Dance	Gymnastics	Dance	Athletics- track activities. Throwing events	Athletics- track activities. Throwing events
	Basic Movements & Spatial awareness movement with a ball	Sending and receiving (Rolling throwing and catching- Team games PB)	SENDING & RECEIVING (Kicking- team games- link to defending and attacking) Multi-skills festival Fri 25th Jan **Intra- dance festival**	Aiming-(Golf) Aiming skills Underarm & overarm throwing Judging distance	Net type activity Racket Handling skills Aiming skills Controlling skills	Striking and fielding Tracking a ball Getting in line with a ball Throwing & Catching

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Key Stage Two

Subject Content. Key Stage 2

- use running, jumping, throwing and catching in isolation and in combination
- play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending
- develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]
- perform dances using a range of movement patterns
- take part in outdoor and adventurous activity challenges both individually and within a team
- compare their performances with previous ones and demonstrate improvement to achieve their personal best.
- perform safe self-rescue in different water-based situations

	Autumn Term		Spring Term		Summer Term		
	1st half	2nd half	1st half	2nd half	1st half	2nd half	
Year 3	• swim competently, confidently and proficiently over a distance of at least 25 metres • use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]		Handball	Gymnastics	Tennis	Athletics	Self Rescue/ Water Safety sessions. All Key Stage Two Classes. Summer Term
	swimming	swimming					
	Tag Rugby **INTRA-COMP with Y4** (Tag-Rugby Festival- Oct)	Hockey (Hockey 14th Nov Festival) **INTRA-COMP with Y4**	Dance (dance festival March) **Intra- dance festival**	Swimming/ Tri-golf (June) **INTRA-COMP with Y4** swimming	Cricket	Rounders	
Year 4	Gymnastics	Dance	Gymnastics **Intra- dance festival**	Dance	Tennis	Athletics	
	Tag Rugby **INTRA-COMP with Y3** (Tag-Rugby Festival- Oct)	Hockey **INTRA-COMP with Y3**	Handball	Tri-golf June) **INTRA-COMP with Y3**	Cricket	Rounders	
Year 5	Tag Rugby (Tag-Rugby Festival Oct)	Dance	Pop Lacrosse **Intra- Comp with Y6**	Gymnastics (*cricket festival May)	Tennis **INTRA-COMP with Y6**	Cricket **INTRA-COMP with Y6**	
	Cross Country (October cross country prac-then Nov)	Football **INTRA-COMP with Y6**	Netball/ Basketball **Intra- dance festival**	Orienteering (May festival)	Athletics	Rounders (Festival July)	
Year 6	Tag Rugby (Tag-Rugby Festival Oct)	Dance	Pop Lacrosse **Intra- Comp with Y5** **Intra- dance festival**	Gymnastics (*cricket festival May)	Tennis **INTRA-COMP with Y5**	Cricket **INTRA-COMP with Y5**	
	Cross Country (October cross country prac- then Nov)	Football **INTRA-COMP with Y5**	Active leaders	Orienteering (May festival)	Athletics	Rounders (Festival July)	

* Remember to include a challenge to improve a personal best e.g. number of catches in 1 min. https://www.yourschoolgames.com/