











## **What is Thrive?**

-  Thrive is a systematic approach to the early identification of emotional developmental need in children so that personalised provision can be put in place quickly by adults.
-  A useful way to think about our emotional and social development as a series of building blocks being piled on top of another as we grow. Some children have 'gaps' in their emotional development. These 'gaps, or 'interruptions' could be for a whole host of reasons.
-  The great thing about the brain is that it has plasticity and can be re-moulded, so that any interruptions are dealt with. At Sutton Park, children and adults develop positive relationships which support this and help to make strong connections in the brain and create positive experiences.

## **What does Thrive look like at Sutton Park?**

-  5 Thrive licensed practitioners trained across the school
-  Whole class Thrive sessions timetabled once a week across the school
-  1:1 or small group work carried out with lead Thrive practitioners
-  Children are greeted daily at the door by class teachers or teaching assistants which provide a positive start to the day
-  PSHE Curriculum taught additionally to Thrive but explicit links made where appropriate

<https://www.thriveapproach.com/about-thrive/impact-of-thrive/>